

Dish

June 2019

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**Happy
Father's Day!**
Celebrate dad
on June 16th!

Bar Harbor Smoked Kipper Appetizer

1-6.7 oz. can Bar Harbor Smoked Kippers
crisp flatbread crackers
creme fraiche
fresh chives, finely chopped

Open and drain juice off Smoked Kippers.
Break crackers to 1-1/2 inch pieces. Put
small piece of Smoked Kipper on each
cracker piece. Top Smoked Kipper with small
dollop of Creme Fraiche. Sprinkle chopped
chives on Creme Fraiche

Courtesy of www.barharborfoods.com

6.7 oz.
Bar Harbor
Natural Smoked
Wild Kippers

3.49



6.5 oz.
Bar Harbor
Chopped Clams
3.49



Selected varieties; 26 oz.

La Famiglia
Del Grosso
Pasta Sauce

BUY ONE GET ONE
FREE



Selected Varieties; 25 oz.

The Jersey Tomato Co.
Pasta Sauce

6.99



Selected Varieties; 16 oz.

De Cecco
Pasta

2/\$4



6.7 oz.

Bar Harbor
Skinless, Boneless
Smoked Sardine Fillets

3.49



6.7 oz.

Bar Harbor
Skinless, Boneless Smoked
Sardines with Jalapenos

3.49



13.5 oz.

La Famiglia
Del Grosso
Pizza Sauce

BUY ONE GET ONE
FREE



Selected Varieties; 8.8 to 16 oz.

Delverde
Pasta

2/\$4



Selected Varieties; 16 oz.

Delverde with
Flax Seeds Pasta

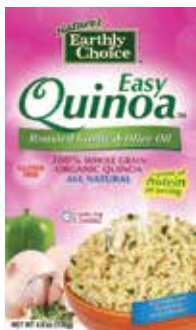
3.99



4.8 oz.

Nature's Earthly Choice
Roasted Garlic &
Olive Oil Easy Quinoa

3.29



Selected Varieties; 16 oz.

Delverde
Organic Pasta

2/\$6



1.1 lb.

Delverde Ondine
Lasagna Pasta

4.99



All items priced with VIC Savings Card

Selected Varieties; 6 fl. oz.

**Moore's
Hot Sauce**

3.99



Selected Varieties; 16 fl. oz.

**Moore's Marinade
or Wing Sauce**

2/\$7



Selected Varieties; 5 fl. oz.

**Cholula
Hot Sauce**

3/\$10



Selected Varieties; 12 fl. oz.

**Cardini's
Dressing**

3.29



12 oz.

**Stubb's
Beef Marinade**

2/\$7



12 oz.

**Stubb's
Sweet Black Pepper
Anytime Sauce**

3.99



Selected Varieties; 16 oz.

**Rufus Teague
BBQ Sauce**

4.99



Selected Varieties; 12 fl. oz.
O'Dang Hummus
Dressing

4.99



Selected Varieties; 7.25 oz.
Modern Mill
Salad Topper

4.79



Selected Varieties; 8 oz.
Red Fork
Cooking Sauce

2.29



Selected Varieties; 4 oz.
Red Fork
Cooking Sauces

2/\$4



Selected Varieties; .7 oz.
4th & Heart
Ghee Butter

2/\$3



9 oz.
4th & Heart
Garlic Ghee Butter

10.99



8.45 fl. oz.
Nonna Pia's
Balsamic Glaze

7.99



All items priced with VIC Savings Card



Selected Varieties; .17 oz.

GimMe Organic
Seaweed

1.49



Selected Varieties; 16.9 fl. oz.

Ito En
Teas

3/\$5



Selected Varieties; 4.2 oz.

Made in Nature
Organic Figgy Pops

2/\$7



1.5 ltr.

Eternal
Artesian Water

BUY TWO GET ONE
FREE



Selected Varieties; 4 oz.

On the Rocks
Chocolate
Cordials

2/\$7

NEW



Selected Varieties; 24 oz.

Suckerpunch
Gourmet Pickles

6.49

NEW



Selected Varieties; 16.9 fl. oz.

Fever-Tree Beverages **2/\$6**



32 fl. oz.

Zing Zang Bloody Mary Mix **4.99**



Selected Varieties; 16 oz.

Mrs. Renfro's Salsa **2/\$7**



Spicy Crab "Awesome Dip"

- 1 jar Mrs. Renfro's Jalapeno Green Salsa
- 32 oz. HT Whipped Cream Cheese
- 2 cups lump crab meat
- 1 large jalapeno, minced
- salt and pepper to taste

Mix all ingredients in large bowl. Cover and refrigerate for one to six hours, the longer the better. Serve with tortilla chips or crackers.

Courtesy of www.renfrofoods.com



24 oz.
Bob's Red Mill
 Organic
 Steel Cut Oats
3.99



32 oz.
Bob's Red Mill
 Organic Extra Thick
 Rolled Oats
3.99



16 oz.
Bob's Red Mill
 Gluten Free Muesli
5.79



Selected Varieties; 1.81 to 2.5 oz.
Bob's Red Mill
 Gluten Free
 Oatmeal Cups
2.29



18 oz.
Bob's Red Mill
 Muesli
4.29



12 oz.
Mike's Hot Honey
 Infused with Chilies
8.79



Selected Varieties; 10 oz.
Crofter's
 Organic
 Premium Spread
3.99



6.7 oz.
Tru-Nut
 Original Flavor
 Powdered
 Peanut Butter
4.99



All items priced with VIC Savings Card

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